



Sew & Tell

September 2023

President's Message

Hope everyone had a great summer. September is hearts, hearts, hearts Hospice Society Fundraiser. Please help me ladies, we need lots of them to fill a tree for November.

What's coming this year (2023—2024)?

- Quilt Show May 2024 Long Weekend
 - Setup Friday
 - Show Saturday & Sunday
- SEW BEE Block day every 4th Thursday we learn new blocks, techniques and also get a quilt or two for charity
- Hopefully lots more fun

Looking forward to seeing you all for another year of sewing and fun.

Debbie



Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

Membership

Greetings to all our members and we hope you have had a wonderful summer enjoying time with family and friends.

It's time to catch up with our guild friends and find out what new exciting things will happen in the guild this year. Your membership dues are remaining at \$60 for the year and are due at the meeting in September, but you are welcomed to either mail it in to PO Box 1031 Cumberland BC V0R 1S0, or pay it on the 24th or 31st at the hall from 1-5.

Just a heads up that the website password for the Members Only tab will change on Oct 9th. You will get the new password once your dues are paid. If you have had any changes in your address, email or phone # please let me know so our list will be up to date.

Just a reminder that guests can come to the meeting once before joining. On sewing days, guests who come to sew must pay \$5 for the day and the payment can be made to Membership or the Treasurer.

We look forward to seeing you in September and all the fun projects everyone has been working on this summer.

Sharon Hansen and
Pat McEwen
Membership committee



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November Quilt and Craft Sale

We are once again looking forward to our annual Quilt and Craft Sale.

We have booked the Courtenay Lawn Bowling Clubhouse for our annual Quilt and Craft Sale on **Friday and Saturday, November 3rd and 4th, 2023**. Our previous sale here was very successful, so we plan to follow the same format. We know that many of you participate in crafts other than quilting. We have a fairly large space all to ourselves so are encouraging you to include any other craft items you make in our sale.

While we do like to have a significant Christmas presence, it is not restricted to that; many people like to pick up birthday and other gifts as well. We love to have quilts for sale, but smaller pieces are our best sellers.

Just a reminder... this is a guild members' sale, so it is not appropriate to be selling things that your friends, spouses, business partners etc., have made.

We do hope that many of you will choose to participate this year.

If you are interested, please contact Anne McCullough (aemccul@gmail.com) or Jan Hill (janpeterhill@yahoo.ca) and we will pass on the details to you.

Happy quilting; looking forward to seeing you all soon!



SERGE & SEW

105 Nored Plaza
6750 N Island Hwy . Nanaimo, BC
250-390-3602. www.sergesew.com

Authorized Dealer for PFAFF & BABYLOCK
Sewing machines, sergers & machine repairs.

New fabrics arriving weekly.
Christmas fabrics & projects available.
Classes start at the end of September!
Check out our monthly newsletter for specials & class schedule:
www.sergesew.com





Now Open

It has been a big job, but the library update work has now been completed and you are encouraged to check out all the available resources. To re-vitalize the library, many old books that were outdated and had not been taken out in several years have been removed (195 books to be precise) – this allows room for newer and more relevant materials. We have already added 40 new books for you to explore and no doubt will have more to add as time passes. We still have 500 books to tempt you. All books have been assigned to a Category (subject matter) to assist you – we have 24 categories at this point (such as Applique - Art Quilts - Beginner Quilting, - Babies & Children – Scrap Quilts - special techniques – and many others). Thanks to Lois who provides an in-depth look at a specific book in each newsletter.

The Webpage also has a Library Section – under “Members Only”- where you will find a complete listing of all the books – sorted by number / by title / by author / by subject matter to help you find what you are interested in. Paper copies of these same sorted lists are available in duo-tangs in the Library at the Hall.

Don't know how to sign out a book? Consult the lists mentioned above in order to know what number the book is --- the books are in numerical order – find the book you want. If you wish to check out the book – remove the card in the book – date and sign it – and then place the card in the large binder... this is like a photo album binder and has pockets which are labeled with number & name of each book. Put the signed card in the correct pocket. When you return the book – just find your book's card again – date and initial that the book is returned – put the card back in the book and put the book back on the shelf. If you need assistance, ask one of the Guild Members to show you.

Is there a subject matter – or a book you would like to see the Library obtain? There is a sheet on the inside of the cupboard door where you can request the book be obtained. If you have a book at home that you would like to donate to the Library – please see Diane Cave or Susan Tutt.

Book Sale - coming soon for all those books that have been removed from the library that some of you might want to add to your home collection.

Diane – Susan – Jean - Beth

Your Library Committee

(Continued on page 5)

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HAW 2023

It's finally happening. HAW (Hands Across the Water)

Timberlane Quilters Guild
Invites you to
2023 Hands Across the Water

Theme: "Colour Your World"

Saturday, October 14, 2023

Doors open at 11:00 am – 4:00 pm

Powell River Recreation Complex
5001 Joyce Avenue (Upper level)

Cost: \$20 per person

Please RSVP before September 20th

Forward numbers of those attending and registration fees to:

Donna Sand, 7163 Jordan Street, Powell River, BC V8A 1M8

Or e-transfer to d.col@telus.net

Challenge

Using 5 different solids, create a quilt (table runner, wall hanging, etc.) not larger than 36" x 36".
Design of your choice.

Information to follow regarding 12 ½" block

MERCHANT MALL

It's been a while!

We look forward to seeing everyone.

Powell River Quilter's Guild is hosting the event and it should be a lot of fun. If you plan on

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Comox Valley Schoolhouse Quilters' Guild

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going there are two ways to register and pay, through me at the guild hall or directly with their contact list in the brochure. If you register yourself you will need to e-transfer directly to Donna Sand. I will be doing registrations and collecting each Thursday up to and including September 14th.

How to get there by ferry of course then you can arrange a bus ride via Zunga bus. Info below. Each attendee must book their own rides as the guild will not be doing pickups.

You can book your ride 3 days before the event.

About Zunga Bus

Zunga Bus is a pilot on-demand service offered and operated by the City of Powell River in cooperation with *Spare Labs* and with financial support from the federal *Innovative Solutions Canada* program.

Contact Us

To book a ride, use the Zunga Bus app or call the phone booking service at 604-208-3711. Call centre hours are Monday to Friday, 8am – 4pm. Rides can be prebooked up to three days in advance.

For questions about the Zunga Bus pilot project, please check the [FAQ page](#) or contact City Hall at info@zungabus.ca.


There is also a Challenge Block if you would like to do it. The block is featured on the next page.

HAW 2023 Challenge Block


block no. 880
Squared
by Kelly Bowser
kelbysews.blogspot.com

Page 447
Quiltmaker's 1,000 Blocks
Block Size: 12.5" Unfinished
No Blacks or Whites

Sewn on a Symphony
by Babylock.



15 Assorted Solids
from 9
1 square (A) 2½" x 2½"
from 7
2 squares (A) 2½" x 2½"
2 rectangles (B) 2½" x 6½"
from 2
2 rectangles (C) 1½" x 2½"
2 rectangles (D) 1½" x 4½"
from 7
2 rectangles (D) 1½" x 4½"
2 rectangles (E) 1½" x 6½"
from 2
1 square (F) 4½" x 4½"



Block Piecing

Merville Grand Mothers De-clutter

De-clutter your fabric shelves and help African grandmothers at the same time! You can feel good about donating your extra supplies for a great cause.

The Merville Grand Mothers will be holding another Fabulous Fabric Sale to raise money for the Stephen Lewis Foundation, Grandmothers' Campaign. All proceeds from the sale will go to grassroots organizations that support African grandmothers caring for their orphaned grandchildren.

Fabric and sewing supplies can be dropped off at The Potters' Place (180 5th St. Courtenay) Monday through Saturday from 10 am to 5 pm.

Thanks to our local potters for this support.
For more information or to arrange pick up,
contact: Anne (250-338-1168)

To fill up the newly emptied spaces:

Fabulous Fabric Sale

Saturday, September 16

Comox Valley curling rink

10am - 2pm

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Workshop news

We hope you have been busy and seeing new things that you might like to learn or try.

I know this sounds like a broken record from us, but we are again requesting ideas and instructors, not only for workshops, but also our mini demo/workshops that we plan to hold on the second Thursday of each month. We have so much talent and experience, that we owe it to ourselves to tap this resource! Talk to members and encourage them to do a demo. These need not be project driven but may detail techniques and tips that someone has learned that you do not find in our books.

To this end, I will be doing a presentation on the use of **Golden Threads paper**. Basically, I use this as an alternative way to mark designs that I want to quilt several times on a project. This may be about 30 minutes give or take. No registration, fee or commitment. Just a willingness to learn something new. Date is Thursday, September 14. I shall be offering it at 10 am and 7 pm.

I personally learned recently that a Yoga class has blanket booked Buchannan Hall for every Saturday morning, till next January. Therefore, our next Saturday workshop will be a half day.

Gayle Hampton is offering a **Free Motion Quilting Basics** workshop. She has lots of tips that beginner and experienced quilters alike can benefit from.

It will be held Saturday, September 23 from 12:30 - 4:30. Registration opens at the September meeting.

Cost is \$15. Limit of 12 students so sign up quickly. Gayle will speak about this workshop at the September meeting. Class Supply list will be available then and on our website.

Raelene on behalf of your workshop Committee Raelene and Jean



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BIB n' TUCKER QUILTING

Downsizing continues in Sept

An additional 10% off

**bolts currently marked
40-60% off min cut .5 m**

**Regular priced bolts
including batiks |**

25% off min cut .5m

35% off 2m or more (same bolt)

Bibntucker.com

**Sign up for the newsletter for up to date
clearance info**

1006 Craigflower Road Victoria BC V9A 2Y1

386-6512 (Tues, Wed, Thurs 11-3 Sat 12-4)



Dancing Threads
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Longarm Computerized Quilting Service

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Campbell River

Bettykozak2@gmail.com

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Edge to edge designs - Semi-custom quilting

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Community Quilts News -September 2023

Community Quilts has had a relatively quiet summer, although quilts are being made and stored, waiting to be delivered later in the fall.

Four quilts were given to the WeCan Shelter Society in August. The Society builds homes out of shipping containers that are then located at the Maple Pool Campground. These become homes for some in our community who were previously unhoused.

There is a new roll of batting in the storage room for Community Quilt projects, and 2 more rolls have been ordered.

Thirty Breast Cancer Comfort Kits were sent to our local hospital in July. We often receive thank you notes from women who received them. All are very moving, but a recent one that I received in July really made it clear to me why we do this:

Schoolhouse Quilters

I don't think that I can adequately describe how much the recovery pillow means to me., but I'll try. In a moment of extreme vulnerability and fear, someone handed me this gift – I immediately took it out of its bag and clung to it like a child with a stuffed toy. It soothed me, comforted me, hid my face while I waited alone in the pre-op area for hours, and the gesture and care made me feel supported. Subsequently, it gave me comfort for many days, as I recovered. A true gift of (literal) support. Your talents and skill as crafters and artists shines through, and your dedication to this very worthy endeavour will never be forgotten by me.

Thank you from the bottom of my heart.

(JS Cumberland)

Breast Cancer Comfort Kits are made throughout the year – we donate 120 kits each year. Kits are available in a basket in the storeroom – the kits contain all the materials needed as well as instruction. Additional kits will be made available later in September to those who would like to take them as one of their retreat projects.

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Suggested Sizes for Community Quilts

Seniors (The Views) 40" x 50" or 45" square

Adult lap (Lilli House) 45" x 60"

Children' 40" x 50"

Quilts of Valour 60" x 80"

Senior Quilts – are a smaller size because they are easier to use with a wheelchair, and are given to women and men.

Transition Society (Lilli House) – mostly young women with children of all ages.

Quilts of Valour – please check with quiltsofvalour.ca website for suggestions

Fruits & Veggie fabric Sale!

30% off Reg. Price...
for the month of September



Langford-

117, C2401 Millstream Rd.

[@blacksheepLangford](https://www.facebook.com/blacksheepLangford)

Duncan- 180 Trunk Rd.

[@blacksheepDuncan](https://www.facebook.com/blacksheepDuncan)

Courtenay- 2175 Cliffe Ave.

[@blacksheepCourtenay](https://www.facebook.com/blacksheepCourtenay)



Fall at Huckleberry's

- Bernina Q24 Long Arm Floor Model \$24,000. MSRP \$31,958.
- Bernina 790 Crystal Edition \$9999. Gifts with purchase valued at \$5000.
- Huckleberry's 29th Birthday Sale Sept. 11-16/23 -stay tuned for more info
- What to know about our classes- get onto our email list.



BERNINA^{USA}
SALES · SERVICE · SUPPORT

1930 Ryan Road East,
Comox BC

250-339-4059 or 1-877-
339-4059

huckleberrys@shaw.ca



Membership News

It's that time of year again when we will need to renew your membership for the coming year 2023-2024.

You can send in your cheque of \$60. with any changes to your information to the address listed on the website, or we will collect it at the first meeting in September.

Thank you for your continued support of the Guild.

If you have a change in your information please email one of Membership Committee and we will be happy to get it changed.

Sharon and Pat
Membership Committee

membership@schoolhousequilters.com

[Membership Form](#)

CAMP HOMEWOOD RETREAT

October 18th – 22nd, 2023

Lots of good beds left. Please sign up now.

The cost per individual for the **four** days will range from \$340. to \$432., depending on the room you choose. These rates are currently an approximation as there is generally a rate increase each year starting with the October retreat. The starting range includes the three non-updated private rooms in the guesthouse, as well as bunk style dorm rooms in the main lodge which sleep up to 7. However on average there are usually anywhere from 2 to 5 in these rooms. Individuals in these rooms have shared bathroom/shower facilities. There is a separate handicapped washroom available to any that may require ease of access to toilet or shower. There are also newer rooms available which sleep up to 3 and have their own washroom, including shower/tub. The cost of these rooms per person will depend on how many are sharing. All prices include 3 meals a day, along with snacks in the evening consisting of cookies/squares, fruit, coffee, tea, and hot chocolate. The meals at Camp Homewood are plentiful, with lots of selections at each meal . . . you will never walk away hungry!

If you have never been to a retreat at Camp Homewood we urge you to give it a try. It is a lot of fun and a great way to get to know your fellow quilters. In the past we have seen a number of quilters who have attended retreat for the first time, and we continue to see more of them becoming regulars. If you wish to sign-up or for further information please contact one of the retreat coordinators listed below. Our contact details can be located on the guild website under "retreats" or by viewing the membership list.

A \$50 deposit is required upon registration with the balance due the beginning of October. We look forward to seeing all of our regulars as well as some first timers for the upcoming retreats. For those of you that plan ahead the spring retreat is booked for February 21st to 25th, 2024.

Beverly Luck
Terry Vadeboncoeur, Janis Davis

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We are looking forward to another year of making coffee and tea and serving goodies at the meetings. The charge has remained at \$5 for the year or 50 cents a cup.

This fee also covers you for sewing days so it is a real bargain if you pay the \$5.

We will also be putting on the Christmas and year end parties and we thank everyone for their help at these events.

If anyone wants to be more involved with the parties we would welcome your ideas or assistance.

Kathy will be away for the first meeting, but Colleen will be there and would welcome any extra hands in the kitchen.

Thank you
Kathy Rankin
Colleen Barker

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Wander through our store for a refreshing experience

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ALL REGULAR PRICE MERCHANDISE

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Bring in this Coupon to Redeem.
Cannot be combined with other offers.
Expires December 31/2023

OPEN: Tues.-Sat. 9:30-5:30
CLOSED: Sun. & Mon.

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www.snipandstitch.com

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Reliability by Design

Anita has been busy making this Dog bed for the SPCA and quilts for friends



Happy September Birthday



| | | |
|-----------|------------|------|
| Valerie | Fawcett | 9-3 |
| Irene | Miller | 9-6 |
| Sharon | Latham | 9-6 |
| Margaret | Yells | 9-7 |
| Christene | Evanochko | 9-9 |
| Alexis | Pearson | 9-9 |
| Tracy | Jamieson | 9-9 |
| Peggy | Hawkins | 9-16 |
| Gwen | Nickason | 9-17 |
| Sandi | McLean | 9-20 |
| Anne | McCullough | 9-23 |
| Jen | Fraser | 9-24 |
| Gladi | Lyall | 9-26 |
| Sharon | Hansen | 9-28 |
| Gladys | Schmidt | 9-28 |

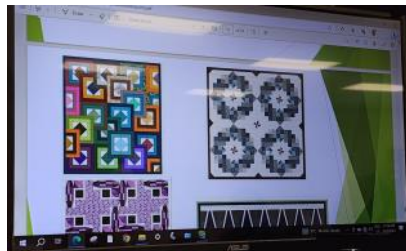
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Wanda has had a "Quilty" summer



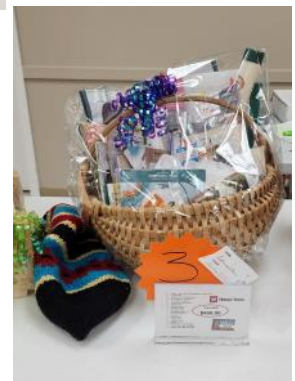
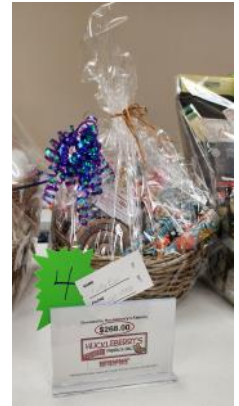
EQ8 Presentation by Pat N.



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Raffle Basket Winners



President's Challenge



June Potluck



Block of the Month



Community Quilts delivered this summer by Anita



June Show & Tell



More June Show & Tell



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Membership Dues 2023—2024

Time once again to submit your membership dues. We are so lucky to have the hall every Thursday from 9 to 9, not many guilds do.

Membership dues are \$60 and please fill in a NEW form with current information and submit with your payment.

Membership form can be found on the first page of our website, just scroll down, click on the link and print the form.

www.schoolhousequilters.com

Looking forward to seeing everyone at the guild.



Newsletter Advertising:

To advertise in the newsletter please contact Hope Rychkun for rates. Submit advertising by the **15th** of the month for inclusion in the next month.

editor@schoolhousequilters.com

Newsletter Deadline:

Please submit all entries for the newsletter by the **15th** of the month for inclusion in the next month's newsletter.

Submit articles to Hope (current editor) using the email:

editor@schoolhousequilters.com

Normally our guild meets every Thursday from 9:00am to 9:00pm for quilting at the Cumberland OAP Hall.

General Meeting (September to June) on the **1st** Thursday of each month at **6:30 pm**

Executive Meeting (September to June) **3rd** Thursday of each month at 1:00pm

Our Website:

www.schoolhousequilters.com



Meeting Refreshment Goodies



This revised schedule takes us into the two meetings in December and June that are "pot Luck".

Please remember to bring your own mug. Fee is by donation and recommended at \$5.00 for year (or 0.50 per cup).

New schedule for goodies donations for refreshment table at our monthly meeting is as follows:

LAST NAMES STARTING WITH

| | |
|-------------|-----------------------------|
| SEPT | A, B, C |
| OCT | D, E, F |
| NOV | G, H, I |
| DEC | ALL - POTLUCK DINNER |
| JAN | J, K |
| FEB | L, Mc and Mac |
| MAR | M |
| APR | N, O, P, Q, R, S |
| MAY | T, U, V, W, X, Y, Z |
| JUNE | ALL - POTLUCK DINNER |



I NEED YOUR HELP

What to do if:

- 1.** You didn't receive the current newsletter
 - contact **editor@schoolhousequilters.com**
 - orcheck our website on the Newsletter page
- 2.** You don't know the new website Members Only Password or forgot what it is
 - contact **Membership**
- 3.** Any changes to your membership information such as phone number, home address or email
 - contact **Membership**



SUNSHINE



I am so glad to see more quilters coming out each week for sew days.



It seems as if all our precautions have paid off as I have not heard of any members that have been very ill.



Please do not forget to call or email me if you have heard of anyone that needs some sunshine.



Thank you so much for the donations of the cards. We are grateful for the card donations, and it makes my job easier. We have a good supply of cards for now. Don't forget to send along the info so I can send along a note of cheer.



It has come to my attention that some members are needing assistance in getting out to a meeting. Please let the executive know so we hopefully find some help for you.



**Thanks, stay safe and healthy
Florence**



Email me at:



sunshine@schoolhousequilters.com



Comox Valley Schoolhouse Quilters' Guild

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Guild Member's Personal Information

If you need to contact any of our guild members, executive or committee members please go to the **Members Only** page and then to **Memberships** on our website for the most up to date list of all email, addresses and phone numbers of current guild members. Remember you will need to be a paid member to get the userid and password to enter this area.

To protect the privacy of our guild members' personal phone numbers or email addresses will not be published in the newsletter unless specifically requested by the committee member. Most committees have a guild email address that is redirected to their personal address.

If your committee does not as yet have one or you are organizing a special event please send an email to our webmaster using

webmaster@schoolhousequilters.com

to request one.

As a paid member you have received the login and password for this members only section.

For newsletters you do not need to login to the Members Only section.

They are available on the main page and you will also receive the file (pdf format) via email from our Secretary.

Personal Information Changes

Please notify the Membership Committee of any changes to your email, phone number or address.

The Membership Committee will then pass this information on to those who need the information to update email lists, and membership files.

Keep your information up to date in order to receive email regarding guild events.

Comox Valley Schoolhouse Quilters' Guild

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Executive & Committees 2022–2023

| | | | |
|----------------|----------------|------------|----------------|
| President | Debbie Maxwell | Treasurer | Peggy Hawkins |
| Vice-President | Clare Ireson | Secretary | Marlene Hooper |
| | Past President | Diane Cave | |

| | | |
|---------------------------------|--|--------------------------|
| Community Quilts | Coordinator—Myra Shearer | |
| Comox Valley Transition Society | Sandy Schille | |
| Breast Cancer | Myra Shearer | |
| N. Island Health Newborns | Coby Sherstone | |
| Seniors | Heather Hodge & Joan Gurney | |
| Teddies & Toddlers | Gladi Lyall & Carreen Webber | |
| Pregnancy Care Centre | Nerissa Thomas | |
| Quilts of Valour | Nerissa Thomas | |
| Hall Open & Close | Carol Metner, Judy Morrison & their teams | |
| HAW | Hope Rychkun | |
| In-House Draws | Brenda Levirs | |
| Library | Beth Ritchie & Diane Cave | |
| Membership | Sharon Hansen & Pat McEwen | |
| Newsletter | Editor—Hope Rychkun | Advertising—Hope Rychkun |
| Photography | Barb Messer | |
| Programs Part Time Facilitator | Judy Morrison | |
| Refreshments | Kathy Rankin & Colleen Barker | |
| Retreats | Janis Davis, Beverly Luck, Terry Duval | |
| Sunshine | Florence Labrecque | |
| Village of Cumberland Liaison | Diane Cave | |
| Website | Hope Rychkun | |
| Word Search Puzzle | Bev Michaluk | |
| Workshops | Raelene Robertson & Jean Lewis & Sandra Longland | |

Name: _____ Date: _____

Body Vocabulary

j n e e l b o w t m f y m w t n j
q h e w x k d z q u t e o n y o p
a f y f t k t o e m x q u a p s g
p p e v x n m s e j r o t e f e w
u f l i v e v t x h b x h c q u v
x i a f v e f o z e a b i n l y l
e n s m x l o m o a n a c g g r f
a g h o j c o a n d n t l e g e c
m e g m v u t c v s h o u l d e r
k r f t t j o h k n x l u x f o j
z r s s w h q b m v i o i p t k k
a r m c h i n n m v b e a r g g r
n t f o r e h e a d r v x m c k b
f k i h n y i v z s a h f i e u m
c j u r l v t e s w i a t k l w i
l k w x q a m f u c h i y w d w n
c c u t e y e g i w h r m g p w a

| | | | | |
|----------|----------|---------|---------|--------|
| forehead | Shoulder | eyelash | stomach | finger |
| elbow | mouth | chin | hair | nose |
| foot | knee | Head | ear | eye |
| arm | leg | toe | | |