



Sew & Tell

October 2024

President's Message

It is almost pumpkin-spice time and for me I get excited for this time of the year! I love inspiration that surrounds us, pumpkin patches, changing leaves, cool evenings and the amazing colours of the season. I love sorting through my fabrics and trying to decide which of the 25 Fall quilts I will make this year!

This summer, I decided to grow pumpkins in my garden, and it's not as easy as I thought it would be! As it turns out, pumpkins don't just grow themselves. I had to step in and play the role of the pollinator, acting as the "bee" to ensure the process was successful.

Who knew that hand-pollination would be part of the experience? Just like building a quilt, I had to be patient and trust the process (and I am adding pumpkins to my Fall quilt). Seeing that bright orange pumpkin taking shape made it all worthwhile.

If you've ever thought about growing your own pumpkin, be prepared for a little garden magic (and maybe some unexpected pollination duties!).

Happy Fall everyone and see you soon!!



Sandra Castiglia



Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

**Next guild meeting night is
Wednesday October 2
changed for this month**

Comox Valley Schoolhouse Quilters' Guild

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**Great Price on the
Kaffe 570QE !
Come check it out!**



1930 Ryan Road East, Comox BC250-
339-4059 or
1-877-339-4059 huckleberrys@shaw.ca

STORE HOURS
Monday- Friday 10am-5pm
Saturday 10am-4:30pm
Sunday 12-4pm
Closed Holidays

Huckleberry's is our Vendor & Presenter at our HAW event October 26

HAW 2024

Save the Date

October 26th

Where:

Schoolhouse Quilters' Guild

Cumberland Cultural Centre Buchanan Hall

Time:

Doors open at 10:00 am

Fun begins at 11:00

Cost:

\$20.00

Theme:

Awesome Autumn

What does Autumn mean to you?

Leaves, pumpkins, Thanksgiving

Challenge

No larger than 36" x 36"

Autumn Memories

Block:

Gayle H. has found an interesting block

Girl's Favorite by Wendy Russell

— a free pattern

Check our website for the pattern

www.schoolhousequilters.com/haw

Sign up and volunteer info will be at the October meeting. This is always a fun event you won't want to miss it.

Hope & Barb

Evergreen Hand Quilters

We are small group that does hand quilting on a large 4 board frame at the Filberg Center in Courtenay. Funds we collect are donated to the Center which provides many programs for seniors.

We receive a pieced top (no batik fabrics), batting and backing and hand quilting thread provided by the client.

Prices are based on a few factors. The first is size. Second is density of quilting. We measure the size and calculate the total area in square inches.

What this translates to is reflected in the list below. (This is between 2.5 cents to 3 cents per square inch.).

This chart gives you a **good approximation** of what you could expect to be charged.

Baby	30x40	1240 sq in	\$30-\$40
Throw	64x54	3456 sq in	\$85-\$100
Twin	70x90	6300 sq in	\$157-\$189
Double	80x90	7200 sq in	\$180-\$216
Queen	92x96	9720 sq in	\$243-\$291
King	108x110	11,880 sq in	\$297-\$356

The one thing we cannot promise is a date of completion. We quilt them in order received and are working on two quilts at once between our 5-6 members. **We are looking for new members!**

Contact Connie Watson or Raelene Robertson for more information.

Comox Valley Schoolhouse Quilters' Guild

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Breast Cancer Bags

Our hospital needs 30 Breast Cancer bags, that our guild makes, **every 3 months!**

As Myra has stepped down, Carol Metner, Raelene Robertson, and Janis Davis have taken on this committee's mandate.

To this end, every 3 months, we will be hosting a sew day where members may make one (or more) of these kits.

Instruction if needed, will be available on these days.

These will be held on October 10, January 9, April 10 and July 10. (These are all the second Thursday of that month).

We shall be making kits on the first Thursday of those months in preparation for these sew days.

We are hoping that several of you will accept this challenge to make these much needed and appreciated items.

Mark your calendar for Thursday, October 10 to sew up a kit or pick one up! 10am start for instruction.

Raelene

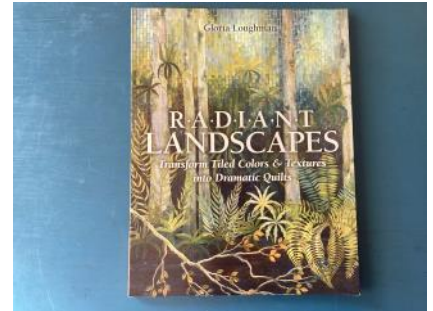
Radiant Landscapes

Transform Tiled Colors & Textures into Dramatic Quilts

Gloria Loughman

C + T Publishing 2013

Guild Library #478



Gloria Loughman, an Australian quilter, certainly keeps a variety of techniques in the forefront. Her first book, "Luminous Landscapes", concentrated on landscapes using paint and thread. Next came "Quilted Symphony" which explored shape and color in surreal objects. Her third book "Radiant Landscapes" takes us back to landscapes but with a twist, the backgrounds are created with richly colored tiles (think a colorful wall of bricks and mortar).

Rather than sewing each square, diamond or rectangle in place, Gloria fuses them onto background fabric, leaving a space around each "tile". Often the "tiles" are cut from variegated fabric, rather than from a variety of fabrics. In this way, you can achieve, perhaps, a realistic sky which is deep blue at the top and becomes lighter as you get down to the horizon.

The foregrounds are generally constructed using freezer paper templates with turned under seam allowances. You could also fuse them in place. The foreground segments are stitched in place an invisible applique or blind hem stitch. Lastly, detailed foreground objects, such as trees, are fused in place.

Quilting is done "as you go". Once the tiles are fused to the background fabric, the quilt sandwich is assembled and each tile is stitched in place through the three layers. When invisibly appliquing the foreground segments, you are also quilting through all layers. The foreground highlights (eg trees) are also stitched permanently in place using matching thread. Additional quilting/painting with thread can add grass, more branches, grain lines of tree trunks - whatever you wish, to achieve the desired result.

"Radiant Landscapes" contains a wealth of information. From a discussion on sources of inspiration and sketching your design to the planning the details of your quilt, Gloria also presents ideas on the effective use of color. A chapter on fabric selection leads into creating your own fabric through dyeing or painting fabric. Finishing techniques are well illustrated. Gloria is well known for her extremely narrow borders and wide binding, all shown clearly with photos and instructions.

Detailed instructions and a lot of photos make this book a winner. Not only are the projects interesting, but with fusing and "quilt as you go", this book shows that an eye catching quilt can be produced with less time and effort than by traditional methods.

(Continued on page 8)

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(Continued from page 7)

I am including a photo of my quilt "The Pines of Norfolk Island", page 116 of this book. The sky was painted then cut into mosaic pieces and reassembled.

Lois



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105 Nored Plaza
6750 N Island Hwy . Nanaimo, BC
250-390-3602. www.sergesew.com

Authorized Dealer for PFAFF & BABYLOCK
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Tula Pink Hardware by Sallie Tomato is available for purchase.

Christmas fabrics & projects available.

Sew with friends at Social Sewing Day!

Check out our monthly newsletter for specials & class schedule:

www.sergesew.com





Langford-

117, C2401 Millstream Rd.

[@blacksheeplangford](#)



Duncan- 180 Trunk Rd.

[@blacksheepduncan](#)



Courtenay- 2175 Cliffe Ave.

[@blacksheepcourtenay](#)

Oct. 1st.-31st.: Halloween Fabrics-
30% off Reg. Price



New! Black Sheep Loyalty Stamp Card!

Sign up for email updates to
start a Stamp Card, then

*Buy 12m & get 1m Free!

*Some exclusions apply, see instore

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All Guild Members Save 20%
"Just Show Your Guild Card"
All Regular Priced Merchandise
Excludes sewing machines, furniture and all items ending in .99
Cannot be combined with other offers.
Expires December 31st, 2024

Mark these dates on your calendar...

- Wed Oct 2 meeting night
- Thu Oct 10 meeting night
- Thu Oct 17 meeting night
- Tue Oct 22, 23, 24 extra sew days
- Friday October 25 HAW setup
- Sat Oct 26 HAW event
- Thu Oct 31 Sew day

Community Quilts

Thank you to everyone for their support of Community Quilts. Many of the kits have been taken so it will be exciting to see the 3 yard quilt tops once created.

Please bring any quilts that are completed to the general meetings so we can show members the wonderful work.

We will be having a Loonie, Toonie, Two Toonie sale at the next meeting. We will set up before the meeting.

More info will be out as organization of the sale is finalized.

Thank you to everyone for the donations. Fabric is organized in the storage room and members are welcome to use any of the supplies for Community Quilts.

If you need assistance (as the bins can be very heavy), please feel free to ask for some assistance.

Lorraine

November Quilt and Craft Sale

We are once again looking forward to our annual Quilt and Craft Sale.

We have booked the Courtenay Lawn Bowling Clubhouse for our annual Quilt and Craft Sale on Friday and Saturday, November 1st and 2nd, 2024.

Previous sales here have been successful, so we plan to follow the same format. We know that many of you participate in crafts other than quilting so please include any other craft items you make. While we do like to have a Christmasy theme, it is not restricted as many people like to pick up birthday and other gifts. Any size quilts are welcome, smaller ones are best sellers.

A reminder that this is a guild members' sale, so it is not appropriate to be selling things that your friends, spouses, business partners etc., have made.

We do hope that many of you will participate this year.

Please contact Lorraine Terretta and information will be emailed to you.
Happy creating!

Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com



**COMOX VALLEY
SCHOOLHOUSE QUILTERS' GUILD**

Quilt and Craft Sale

**FRIDAY NOV 1ST - 1 PM TO 6 PM.
AND
SATURDAY NOV 2ND - 10 AM TO 3 PM**

**COURTENAY LAWN BOWLING CLUB
KILPATRICK AVE AND 23RD STREET**

**QUILTS AND CRAFTS
MADE BY GUILD MEMBERS**

**FREE ADMISSION
EVERYONE WELCOME**



Membership

It's time to renew your membership. We have missed seeing you and look forward to another great year of sewing and friendship.

The fee of \$60 has not changed, but this year you can pay by Debit if you want, the total cost for a debit transaction will be \$61.00 to cover the fee. Please note Debit only. We will still gladly accept cash or cheques.

Please bring your membership card and we will update your sticker. The card is good at The Black Sheep for a 10% discount.

We will be set up in the hall on Sept. 25th to accept your dues. Also, please fill out a new membership sheet from the website if your contact information has changed. This information is password protected and only for our members.

We will ONLY be using the "Square" to pay by debit on meeting days. If you can't make it to the meeting it's best to mail it in to PO Box 1031 Cumberland BC V0R 1S0 see you then.

Sharon Hansen
Membership Chairman.

October Workshop Report

The **Journal workshop** by Anne McCullough, originally scheduled for October, has **BEEN CHANGED TO** November 23. This is a follow-up to her demo held last spring and several members had requested this half day workshop. Cost is \$15. There is still room!

Sign up with Raelene or Joan Gurney.

Thursday demos

October 17 – **Postcards** – Anne McCullough will show us how to make these with numerous ideas on construction. She will provide the special base material (card stock???) for each attendee to make one. 10 am.

November 21 – Carol Metner- **Clothes line rope bowls**. Come see how to make these plus what else you can make with this technique. 10 am

December 19 – Tentative – Pat McEwen – She will show us how easy it is to make her **Turtle mop up mats** (my words, not hers LOL). Should this not happen in December, we hope to move it to January.

We are trying to set up a **beading demo** with a kit. More information to follow as discussions progress.

Raelene & Joan

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1930 Ryan Road East, Comox BC250-
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1-877-339-4059 huckleberrys@shaw.ca

STORE HOURS
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Saturday 10am-4:30pm
Sunday 12-4pm
Closed Holidays

[Huckleberry's Store Tour July 2024 \(youtube.com\)](https://www.youtube.com/watch?v=...)

SUNSHINE

It is good to see so many quilters coming out to enjoy our Thursday sew days and business meetings. Hopefully this is an indication that we are all remaining healthy.

However, as we know, "life happens" and sometimes we all need a little CHEER.

If you know of any of your fellow quilters who are in need of a little cheer, for whatever reason, please do not hesitate to let me know.

Also, a reminder that if you know of anybody who would like assistance in getting out to a meeting, please let the executive know so we can arrange for that assistance.

Thanks, stay safe and healthy.

Beverly L.

Email : sunshine@schoolhousequilters.com

Comox Valley Schoolhouse Quilters' Guild

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Camp Homewood Quilt Retreats

SQG Retreat at Homewood 2025

Sign up now, for Camp Homewood Quadra Is Retreat, 1 - 5 October 2025.
Looking forward to it!

I will not have prices until closer to the time.

Dates are:

Oct. 01 - 05, 2025.

I know this is a long way away but Camp Homewood wants a commitment.

If you want a Retreat next year, please contact me ASAP?

retreat@schoolhousequilters.com

Barb, Debbie & Brenda.

Happy October Birthday



Louise	Argyle	10-14
Jean	Lewis	10-17
Jeanne	Mustard	10-24
Vera	Pollock	10-25
Kim	Hammond	10-31

Comox Valley Schoolhouse Quilters' Guild

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Membership Dues 2024—2025

Time once again to submit your membership dues. We are so lucky to have the hall every Thursday from 9 to 9, not many guilds do.

Membership dues are \$60 and please fill in a NEW form with current information and submit with your payment.

Membership form can be found on the first page of our website, just scroll down, click on the link and print the form.

www.schoolhousequilters.com

Looking forward to seeing everyone at the guild.

Newsletter Advertising:

To advertise in the newsletter please contact Hope Rychkun for rates. Submit advertising by the **15th** of the month for inclusion in the next month.

editor@schoolhousequilters.com

Newsletter Deadline:

Please submit all entries for the newsletter by the **15th** of the month for inclusion in the next month's newsletter.

Submit articles to Hope (current editor) using the email:

editor@schoolhousequilters.com

Normally our guild meets every Thursday from 9:00am to 9:00pm for quilting at the Cumberland OAP Hall.

General Meeting (September to June) on the **1st** Thursday of each month at **6:30 pm**

Executive Meeting (September to June) **3rd** Thursday of each month at 1:00pm

Our Website:

www.schoolhousequilters.com



Meeting Refreshment Goodies



This revised schedule takes us into the two meetings in December and June that are "pot Luck".

Please remember to bring your own mug. Fee is by donation and recommended at \$5.00 for year (or 0.50 per cup).

New schedule for goodies donations for refreshment table at our monthly meeting is as follows:

LAST NAMES STARTING WITH

SEPT	A, B, C
OCT	D, E, F
NOV	G, H, I
DEC	ALL - POTLUCK DINNER
JAN	J, K
FEB	L, Mc and Mac
MAR	M
APR	N, O, P, Q, R, S
MAY	T, U, V, W, X, Y, Z
JUNE	ALL - POTLUCK DINNER

Refreshments

Hello ladies,

Coffee and tea is provided at the monthly meetings for a nominal fee of \$5 per year or 50 cents a cup. We offer both caffeinated and decaffeinated options.

You may also make your own coffee or tea on the Sewing Days. Please deposit your money in the red and white money mug (in the cupboard or on the coffee table at the meetings). If anyone has any special teas they would like let us know as we will be replacing some of them soon.

We also all enjoy eating the treats brought by the members throughout the year.

This month (October) we ask members whose last names start with D, E, and F to bring some goodies.

We are already thinking ahead to Christmas 🎄 so if anyone would like to help with our potluck lunch, either in the kitchen or with the decorations, please let us know. It is always a wonderful affair!

See you at the October 3rd meeting!

Thank you

Kathy Rankin and Colleen Barker



What to do if:

- 1.** You didn't receive the current newsletter
 - contact **editor@schoolhousequilters.com**
 - orcheck our website on the Newsletter page
- 2.** You don't know the new website Members Only Password or forgot what it is
 - contact **Membership**
- 3.** Any changes to your membership information such as phone number, home address or email
 - contact **Membership**

Comox Valley Schoolhouse Quilters' Guild

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Guild Member's Personal Information

If you need to contact any of our guild members, executive or committee members please go to the **Members Only** page and then to **Memberships** on our website for the most up to date list of all email, addresses and phone numbers of current guild members. Remember you will need to be a paid member to get the userid and password to enter this area.

To protect the privacy of our guild members' personal phone numbers or email addresses will not be published in the newsletter unless specifically requested by the committee member. Most committees have a guild email address that is redirected to their personal address.

If your committee does not as yet have one or you are organizing a special event please send an email to our webmaster using

webmaster@schoolhousequilters.com

to request one.

As a paid member you have received the login and password for this members only section.

For newsletters you do not need to login to the Members Only section.

They are available on the main page and you will also receive the file (pdf format) via email from our Secretary.

Personal Information Changes

Please notify the Membership Committee of any changes to your email, phone number or address.

The Membership Committee will then pass this information on to those who need the information to update email lists, and membership files.

Keep your information up to date in order to receive email regarding guild events.

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Executive & Committees 2023–2024

President	Sandra Castiglia	Treasurer	Peggy Hawkins
Vice-President	Gayle Hampton	Secretary	Marlene Hooper

Community Quilts Coordinator	Lorraine Terretta
Hall Open & Close	Carol Metner, Judy Morrison & their teams
HAW	Hope Rychkun & Barb Messer
In-House Draws	Brenda Levirs
Library	Diane Cave, Jean & Susan & Beth
Membership	Sharon Hansen & Pat McEwen
Newsletter	Editor—Hope Rychkun Advertising—Hope Rychkun
Photography	Barb Messer
Programs Part Time Facilitator	vacant
Refreshments	Kathy Rankin & Colleen Barker
Retreats	Barb Messer (Debbie Maxwell & Brenda Levirs)
Sunshine	Beverly Luck
Village of Cumberland Liaison	Diane Cave
Website	Hope Rychkun
Word Search Puzzle	Bev Michaluk
Workshops	Raelene Robertson & Joan Gurney

Library



The Library adds more books from donated books than from purchased books - since Library Budget will have a set amount. There has not been a Library Budget for several years (during pandemic) - but this budget process is supposed to be reinstated at Exec meeting in August and approved at Sept General meeting - obviously i will not be here.

- Library Committee has a budget of \$. Obviously this doesn't cover purchase of very many books – so requests should be for books that will be relevant to many members. A lot of our “new additions” are actually books that have been donated to us If you have a book to donate – please contact a member of Library Committee as we don't need multiple copies of books we already have.

Jean

Diane Cave, Susan Tutt, Jean Lewis

Library Committee

Comox Valley Schoolhouse Quilters

library@schoolhousequilters.com



Daphne Greig Presentation



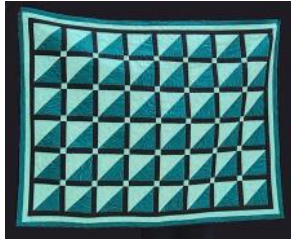
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More Daphne



Show & Tell



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Bring to November Meeting

Name: _____ Date: _____

Types of Exercise



- | | | | | |
|---------------|-------------------|------------|----------------|---------------|
| Basketball | Bicycling | Bike | Cooking | Cross Country |
| Crunches | Cutting the grass | Dancing | Dusting | Elliptical |
| Exercise Ball | Football | Jogging | Jump Rope | Jumping Jacks |
| Laundry | Lifting Weights | Mopping | Pull Ups | Push ups |
| Raking leaves | Roller Skating | Running | Shoveling snow | Sit ups |
| Softball | Stair Climber | Sweeping | Swimming | Track'n Field |
| Treadmill | Vaccuming | Volleyball | Walking | Wall sit |
| Yoga | Zumba | | | |