



# ***Sew & Tell***

**February 2024**

## **President's Message**

February is the month of love, love of quilting, love of life, love of family .

I'm hoping everyone a happy February.

Enjoy the process of your quilting.

Debbie

Comox Valley Schoolhouse Quilters' Guild

[www.schoolhousequilters.com](http://www.schoolhousequilters.com)



**Comox Valley Schoolhouse Quilters' Guild**

# CELEBRATING QUILTS

**MAY  
18-19  
2024**

**Saturday 10:00 AM to 4:00 PM**

**Sunday 10:00 AM to 3:00 PM**

Admission \$5.00. Children 12 and under free



**Cumberland Cultural Centre**

Cumberland, BC



**Raffles, Venders, Tea Room and Quilts, Quilts, Quilts.**



## Library

Ladies, you will now be seeing "new books on the shelves".

Jean and I went shopping at Huckleberry's and were very pleased with the purchase we made.

By the time you read this, the books will have all been registered and ready to enjoy.

Diane



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Expires March 31/2024

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Made this little quilt for our readopted bunny to Denman island  
We miss her so much .

She was caught in our yard June 2022 but we had to find her a good home as it was too much work and difficult to keep her

Claudette



**BIB·n'·TUCKER·QUILTING**  
**Closing·out·continues**  
**Fabric·Discounts·up·to·70%·off**  
**More·kits·and·fabric·liberated·from·**  
**Gail's·stash,·too!**  
**POP·UP·Jan·26-27**  
**11-3·daily**  
**Sign·up·for·our·newsletter·@·**  
**www·bibntucker.com·to·get·the·**  
**POP·UP·dates·in**  
**February·2024**  
1006·Craigflower·Road·Victoria·BC·V9A·2Y1  
250-386-6512

## Camp Homewood Quilt Retreats

**"Sad to say the Camp Homewood retreats for February and November 2024 have been cancelled.**

**As well, with some sadness, we have retired from organizing any future retreats.**

**Camp Homewood has offered our guild future dates in February 2025, if the guild chooses to move forward at that time.**

**We will be returning all deposits made for the February retreat, if you have not yet received your funds please contact Beverly.**

**We wish to thank you all for the support you have given to us over the many years we have been organizing Camp Homewood Retreats.**

**Beverly Luck**

**Janis Davis**

**Terry Duval "**

### Barb's Paper Piecing



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I made this quilt for my mom. She moved here from Ottawa in the spring. You can't see them in the photo, but there are 3 shamrocks quilted into the bottom panel and a trinity or love knot into the top panel.

Colleen L.



Just finished last night for the store. Place-mats to follow.

Marlene H.

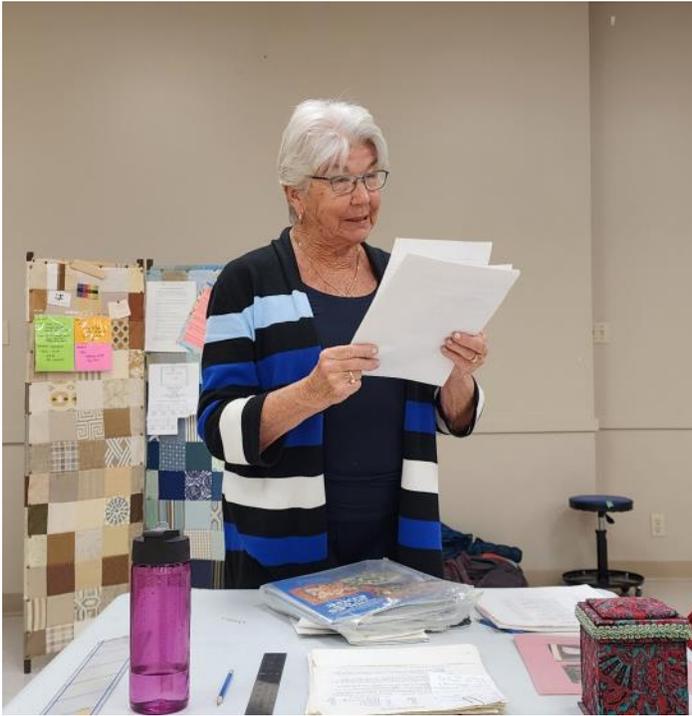


## Show n Tell



# Comox Valley Schoolhouse Quilters' Guild

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**Langford-**

117, C2401 Millstream Rd.

[@blacksheeplangford](#)

**Duncan-** 180 Trunk Rd.

[@blacksheepduncan](#)

**Courtenay-** 2175 Cliffe Ave.

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\*Some exclusions apply, see instore

**Feb. 1st.-29th:**  
Valentine Themed Cottons  
-30% off Reg. Price



## Comox Valley Schoolhouse Quilters' Guild

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# Workshops

Workshops plan to set a mini-session on the second Thursday of the month – our regular sew days. These are free, drop-in sessions – with no need to register for them.

### **February 8** – Turning Twenty Pattern ... 10 am, with a repeat at 3 pm

Coby Sherstone will share her knowledge of this fantastic pattern that makes clever use of fat quarters. This is expected to be approximately 1/2 hour.

Christa (at Huckleberry's) recently made this quilt and it is hanging on the wall behind the cutting table – if you want to have a look at this design

We have purchased this book and is available in Guild Library for you to use.

### **March 14** – Machine Applique ... 10 am

Jan Hill will share her experience with Machine Applique ... So come learn some of her tips and tricks— I am sure most of us have seen her excellent work

### **April 11** – Breast Cancer Bags

Myra will teach (or review) with us how to make the breast cancer bags

We donate over 100 of these each year to our local hospital, where they are appreciated by both patients & staff as women heal from surgeries

There are some steps that need to be done in a specific way --- otherwise Myra must unpick the stitches to correct things – for example : did you know it was important whether the straps are attached on the inside of the bag – or on the outside of the bag ? Come and learn the tips & tricks for correct construction which is very easy once you know.

Coming this spring :

Use of Stripology Rulers – with Deb Morrissey (from Huckleberry's)

Free Motion Quilting – with Deb Morrissey --- we've had a beginning class – now learn how to advance your skills & designs

January was a busy month. On Jan 11 Anne McCullough shared her knowledge of creating her Journal Covers – 15 people attended. A few have mentioned interest in fol-

*(Continued on page 11)*

## Comox Valley Schoolhouse Quilters' Guild

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(Continued from page 10)

lowing up with a full workshop to create these. If you are interested in us organizing a Journal Cover Workshop please contact Raelene. If enough people would like to do this, then we will organize a date for this.



*There are many members of our Guild who have skills to share – so some 'ad-hoc' presentations were also done since the last newsletter.*

Key Fobs – Judy Morrison worked with a group in late December to create some zippered key fobs – great stocking stuffer.

Paper Piecing – Judy did a paper piecing learning session ... this had been planned for one of the extra sew days – but that was a snow day and attendance at the hall was small. Thank you Judy for being so flexible – she did a morning session with a few people – and evening session for a few people – and even a session for 4 or 5 of us the next day for those of us who didn't make it out on the Wednesday. Many 'trees' were created & we look forward to using these new skills to do more creative projects.



EQ 8 Lesson - Pat Norrad had planned an EQ Learning session for the 18<sup>th</sup> – unfortunately due to the weather this had to be postponed. Pat then created a 'homework assignment' for us to try downloading fabric samples into our EQ Project Files. Watch for notification as to when this session will be offered. If you are interested, please contact Pat Norrad, who will add you to her email list & you'll receive a direct message.

(Continued on page 12)

## Comox Valley Schoolhouse Quilters' Guild

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*(Continued from page 11)*

A big thank you to all the Guild members who have been willing to share their knowledge and skills in these mini-sessions. I

If anyone wants to assist with our workshop planning, please let us know. We have received several ideas for upcoming sessions – but if there is some technique you would like us to cover, please contact Raelene Robertson ... keep the ideas coming.

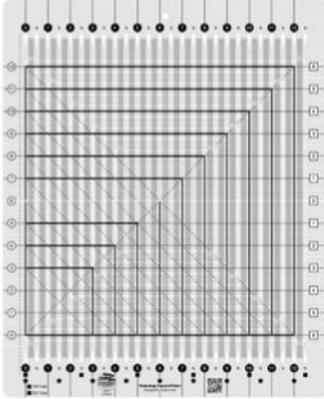
Thank you  
Raelene Robertson , Jean Lewis



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250-390-3602. [www.sergesew.com](http://www.sergesew.com)

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- \* We carry a large selection of hardware, notions, patterns and fabrics for BAG-MAKING!
- \* Restocked: Variety of colours of faux leather and corks.



Creative Grids Stripology® Squared Quilt Ruler

## Community Quilts

Community Quilts has been very busy. I have volunteered to be the Coordinator and already I can see how much of an impact the guild has with comforting others through our quilts.

There are many organizations regularly supported through Community Quilts such as Transition Society (Lili House and Darby's Place), Nesting Place Society, Baby Group Quilts for Public Health Nurses to distribute, Teddies and Toddlers Young Parent Support Group, Breast Cancer Comfort Kits and Quilts for Seniors through The Views and Cumberland Lodge, as well as Quilts of Valour.

### Quilts of Valour

Nerissa Thomas is the North Vancouver Island representative for Quilts of Valour Canada.

Please check out the website or contact Nerissa for more information <https://www.quiltsofvalour.ca/> regarding the program and how to donate a quilt.

In addition we donated a quilt to YANA this month for their Big Love Benefit. They were very appreciative to include one of our quilts made by a guild member.

We would like to acknowledge and thank Sandi, Guild Member, for her long arm quilting support.

A huge thank you to the members who organized the storage closet. The fabric is organized by yardage and backing. Please cut what you need at the guild if you are creating a quilt at home. I will be putting together a few kits of 3 yard quilts with a pattern that you might consider taking home.

We continue to show quilts made for Community Quilts at the monthly business meetings. It is so wonderful to see the collective creativity and talent.

Please be sure a label is attached to each quilt we are donating and bring the quilt you have made to inspire others.

Quilt Sizes - **Seniors** - 40" x 50" or 45" x 45", **Adult Lap Quilts** 50" x 60" (or larger can be used), **Children/Toddler** 40" x 45" or 45" x 50", **Baby** 40" x 40"

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*(Continued from page 13)*

Breast Cancer Comfort Kits - Breast Cancer Comfort kits are still available in a marked basket in the storage room and completed kits can be returned there as well.

If you have fabric or quilts to donate, please contact me to arrange drop off or pick up.

Lorraine Terretta

### Suggested Sizes for Community Quilts

Seniors (The Views) 40" x 50" or 45" square

Adult lap (Lilli House) 45" x 60"

Children' 40" x 50"

**Senior Quilts** – are a smaller size because they are easier to use with a wheelchair, and are given to women and men.

**Transition Society (Lilli House)** – mostly young women with children of all ages.

**Quilts of Valour** – please check with [quiltservalour.ca](http://quiltservalour.ca) website for suggestions



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## Comox Valley Schoolhouse Quilters' Guild

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Hello ladies,

We just wanted to provide you with an update on the guild refreshments.

This month those members whose last names begin with L, Mc or Mac are asked to bring a small donation of goodies to the February 1 meeting if they wish.

For those new members the charge for coffee or tea is \$5 for the year or 50 cents a cup. This fee also covers you for sewing days so it is a real bargain if you pay the \$5. As the year is half over you could pay \$3.00 for now until September.

We will be managing the tea room for the upcoming quilt show and need volunteers to help us. We will have everything organized by the end of April but Kathy will be away for most of May including the show. So Colleen needs a partner to help with last minute purchases of milk and cream and the set up and running of the tea room over the show days. Is there anyone with some experience who could help us? We will also have sign up sheets for volunteers while the show is on. Those people will help serve tea and coffee and goodies and clean up.

We thank everyone for their help at the show and meetings. If anyone wants to be more involved we would welcome your ideas or assistance.

Thank you  
Kathy Rankin

## StrataVarious Quilts

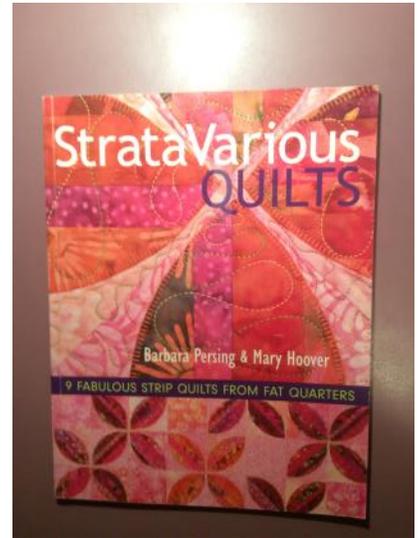
### —9 fabulous strip quilts from fat quarters

Barbara Persing & Mary Hoover

C + T Publishing 2008

Quilt Guild Library #18

'Strata' a piece of fabric constructed from strips of different fabrics cut in different widths. You will soon realize some fabrics you have chosen blend well together, while others stick out like a sore thumb - get them out of your pile! Look for fabrics that have the same value, whether light, medium or dark.



This book is written for all levels of quilting. The directions are very easy to follow, fabric requirements are accurate and you are given finished quilt size, finished block size and strata size (which will be cut into blocks) for each of the 9 projects. Once you have decided on a color scheme and pattern, be sure to prewash your fat quarters, Each fat quarter is cut into widths from 1" to 2 1/4", then placed with other fat quarter strips before being sewn together to form a strata of the correct width.

Cutting the stratas - this may mean cutting squares, rectangles, slanted squared or half square triangles, depending on your project . For my "Gum Blossom" quilt, 6 1/2" squares were slanted, but I had to be sure all the blocks were angled in the same direction. This created a flow in the direction of the background (see pg 37). "Confetti" (pg 25) has you cut 4 1/2" squares at different angles, adding movement in different directions. The contrasting irregular confetti pieces seem to float on the background although they are sewn in as a part of the strata blocks.

Hop City" (pg 40) is another interesting use of contrasts. The larger 'strata within strata' squares seem to 'ride' on the blended background which is made of slightly slanted strata blocks, resulting in movement within the quilt.

All 9 projects rely on strata for interest in the quilts. However, "Confetti" is very eye catching in that contrasting colored shapes are used within the block construction, not applied on top of the background. "Neo Stella (pg. 27) relies on petals made of strata applied to a plain background. "Oopsy Daisy" (pg 31) and "Gum Blossom"(pg 35) use raw edge applique on a completed strata background of the quilt.

Quilting the project is up to you. Will the stitching enhance the quilt, or add dimension? Will the stitching blend into a busy background? Will circular quilting lines soften

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*(Continued from page 17)*

sharp square designs? See what quilting designs have been used on the different quilts, pages

58 - 59.

This book, *StrataVariuos Quilts* is a bonus to our library. It is lively, well written and illustrated, as well as being user friendly. Pull out those fat quarters or make more from your stash - Get going on a fun Project!

Lois Warner



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### Hello Everyone,

This is the last missive from your Parttime Temporary Program Coordinator. As I mention that, it behooves me to remind all of you that a Program Coordinator is needed for the General Meetings after my retirement. A full time coordinator would be great but a Parttime Temporary Coordinator would be acceptable also.

The coming February program is about preserving antique or vintage quilts and linens or of upcycling them. Have you restored, requilted or repurposed an antique or vintage quilt or linens?

Have you taken some unused and unwanted vintage or antique blocks and turned them into a quilt? If you have any of these that you are able to show please bring them to the Meeting.

These are the types of things that will be included in the program and the Program will only be as good as the contributions from the membership. If you are able to, please share.

Most importantly, thank you for supporting me as the Program Coordinator over the past thirteen months.

Judy M. Morrison

## Fabric Sale

Elvy Gustaffson, who used to be a member of the Schoolhouse Quilters', has decided to eliminate all fabric from her home. On Thursday, February 15th at 10:30, all of her fabrics will be on sale at the Hall. Payment is by donation and all proceeds will go to the Food Bank.

Elvy made regular quilts but also made art quilts so there will be a variety of materials.

Judy Morrison is setting it up so, if you have any questions, please call her.

## Happy February Birthday



Connie	Cullen	2-3
Sandra	Longland	2-15
Heather	Deane-Clark	2-22
Claudette	Picot	2-22
Bev	Michaluk	2-23
Sherry	Rennison	2-24
Liz	van Boeschoten	2-25
Bente	Wallace	2-28
Theresa	Atkinson	2-28

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**Sandra Lloyd-Harasym**

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**Pick-up and Drop off  
Thursday at guild  
10am**



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## Comox Valley Schoolhouse Quilters' Guild

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### Membership Dues 2023—2024

Time once again to submit your membership dues. We are so lucky to have the hall every Thursday from 9 to 9, not many guilds do.

Membership dues are \$60 and please fill in a NEW form with current information and submit with your payment.

Membership form can be found on the first page of our website, just scroll down, click on the link and print the form.

[www.schoolhousequilters.com](http://www.schoolhousequilters.com)

Looking forward to seeing everyone at the guild.

### Newsletter Advertising:

To advertise in the newsletter please contact Hope Rychkun for rates. Submit advertising by the **15th** of the month for inclusion in the next month.

[editor@schoolhousequilters.com](mailto:editor@schoolhousequilters.com)

### Newsletter Deadline:

Please submit all entries for the newsletter by the **20th** of the month for inclusion in the next month's newsletter.

Submit articles to Hope (current editor) using the email:

[editor@schoolhousequilters.com](mailto:editor@schoolhousequilters.com)

Normally our guild meets every Thursday from 9:00am to 9:00pm for quilting at the Cumberland OAP Hall.

**General Meeting (September to June)** on the **1st** Thursday of each month at **6:30 pm**

**Executive Meeting (September to June)** **3rd** Thursday of each month at 1:00pm

### Our Website:

[www.schoolhousequilters.com](http://www.schoolhousequilters.com)

Happy  
Valentine's  
Day



## Meeting Refreshment Goodies



This revised schedule takes us into the two meetings in December and June that are "pot Luck".

Please remember to bring your own mug. Fee is by donation and recommended at \$5.00 for year ( or 0.50 per cup ).

New schedule for goodies donations for refreshment table at our monthly meeting is as follows:

### LAST NAMES STARTING WITH

<b>SEPT</b>	<b>A, B, C</b>
<b>OCT</b>	<b>D, E, F</b>
<b>NOV</b>	<b>G, H, I</b>
<b>DEC</b>	<b>ALL - POTLUCK DINNER</b>
<b>JAN</b>	<b>J, K</b>
<b>FEB</b>	<b>L, Mc and Mac</b>
<b>MAR</b>	<b>M</b>
<b>APR</b>	<b>N, O, P, Q, R, S</b>
<b>MAY</b>	<b>T, U, V, W, X, Y, Z</b>
<b>JUNE</b>	<b>ALL - POTLUCK DINNER</b>



I NEED YOUR HELP

## What to do if:

- 1.** You didn't receive the current newsletter
  - contact **editor@schoolhousequilters.com**
  - orcheck our website on the Newsletter page
- 2.** You don't know the new website Members Only Password or forgot what it is
  - contact **Membership**
- 3.** Any changes to your membership information such as phone number, home address or email
  - contact **Membership**



## SUNSHINE



**I am so glad to see more quilters coming out each week for sew days.**



**It seems as if all our precautions have paid off as I have not heard of any members that have been very ill.**



**Please do not forget to call or email me if you have heard of anyone that needs some sunshine.**



**Thank you so much for the donations of the cards. We are grateful for the card donations, and it makes my job easier. We have a good supply of cards for now. Don't forget to send along the info so I can send along a note of cheer.**



**It has come to my attention that some members are needing assistance in getting out to a meeting. Please let the executive know so we hopefully find some help for you.**



**Thanks, stay safe and healthy  
Beverly L.**



**Email me at:**



**[sunshine@schoolhousequilters.com](mailto:sunshine@schoolhousequilters.com)**



## Comox Valley Schoolhouse Quilters' Guild

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### **Guild Member's Personal Information**

If you need to contact any of our guild members, executive or committee members please go to the **Members Only** page and then to **Memberships** on our website for the most up to date list of all email, addresses and phone numbers of current guild members. Remember you will need to be a paid member to get the userid and password to enter this area.

To protect the privacy of our guild members' personal phone numbers or email addresses will not be published in the newsletter unless specifically requested by the committee member. Most committees have a guild email address that is redirected to their personal address.

If your committee does not as yet have one or you are organizing a special event please send an email to our webmaster using

[webmaster@schoolhousequilters.com](mailto:webmaster@schoolhousequilters.com)

to request one.

As a paid member you have received the login and password for this members only section.

For newsletters you do not need to login to the Members Only section.

They are available on the main page and you will also receive the file (pdf format) via email from our Secretary.

### **Personal Information Changes**

Please notify the Membership Committee of any changes to your email, phone number or address.

The Membership Committee will then pass this information on to those who need the information to update email lists, and membership files.

Keep your information up to date in order to receive email regarding guild events.

## Comox Valley Schoolhouse Quilters' Guild

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# Executive & Committees 2023–2024

President	Debbie Maxwell	Treasurer	Peggy Hawkins
Vice-President	Clare Ireson	Secretary	Marlene Hooper

Community Quilts	Coordinator— Vacant
Comox Valley Transition Society	Sandy Schille
Breast Cancer	Myra Shearer
N. Island Health Newborns	Coby Sherstone
Seniors	Heather Hodge & Joan Gurney
Teddies & Toddlers	Gladi Lyall & Carreen Webber
Pregnancy Care Centre	Nerissa Thomas
Quilts of Valour	Nerissa Thomas
Hall Open & Close	Carol Metner, Judy Morrison & their teams
HAW	Hope Rychkun
In-House Draws	Brenda Levirs
Library	Beth Ritchie & Diane Cave
Membership	Sharon Hansen & Pat McEwen
Newsletter	Editor—Hope Rychkun      Advertising—Hope Rychkun
Photography	Barb Messer
Programs Part Time Facilitator	Judy Morrison
Refreshments	Kathy Rankin & Colleen Barker
Retreats	vacant
Sunshine	Beverly Luck
Village of Cumberland Liaison	Diane Cave
Website	Hope Rychkun
Word Search Puzzle	Bev Michaluk
Workshops	Raelene Robertson & Jean Lewis

## Bring to March Meeting

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# CARS

y k v r j k c l q g r d n y m n b  
o q s z w k m r b l e o h c e h r  
s r a c e l c s u m p f j t y w p  
y p k h n v w z b t i q s q x i n  
c s r c h a r g e r v p y j s d o  
t h u r n k e k d p o l a r a t y  
e x a p u k c i p n i d o d g e l  
l t d l e r e n n u r d a o r c a  
o t a t l r c h e v e l l e i p o  
r v r r d e s b o b o p k f m i l  
v i t t a p n p h v v z k a e u k  
e a g e m c q g o e a i p x h w h  
h v t n o a a z e r z y j t q e v  
c o x o n m s s g r t i o f b s p  
n n y r v e s u p e r b e e k o h  
j b i o x r r f m v l j z f v q a  
l g r c s o h m h r z a t g g b m

SUPER SPORT	MUSCLE CARS	ROADRUNNER	CHALLENGER
CORONET RT	SUPER BEE	CHEVROLET	CHEVELLE
CHARGER	DART GT	PICKUP	CAMERO
POLARA	VIPER	NOMAD	DODGE
HEMI	NOVA		